

Dartmouth Walking Club Permanent Trails (PT's) and "Walks on Wednesdays"

The [Dartmouth Walking Club](#) hosts guided walks every Sunday morning. Details can be found on our website or Facebook page. We also have three "Permanent Trails" in the HRM area with accompanying maps and guidelines that can be walked at your convenience and for which walkers qualify for IVV Event and distance stamps.

Name of PT	Walk Box Location	Times of Year	Walks/Trails
Halifax	YMCA 5640 Sackville St Halifax B3J 3Y3	Year Round	3 options, incl Boardwalks and Lighthouses
Eastern Passage	Irving Circle K 72 Cow Bay Rd	March 1 to May 30; Sept 1 to Nov 29	Various options incl. boardwalks, lighthouses
Cole Harbour	Cole Harbour Place 51 Forest Hills Parkway	March 1 to May 30; Sept 1 to Nov 29	Various options: Forest Hills, Bissett Lake, Old Lawrencetown Road

Note: There are many other Permanent Trails across the Maritimes and beyond, organized by local clubs under the Canadian Volksmarch Federation. Details can be found [here](#).

Walks on Wednesdays: Through the Spring and Fall, the Dartmouth Club schedules walks every Wednesday evening along the different Permanent Trails. These Walks qualify for IVV Event and Distance Stamps. Walk Leaders are not provided, but the time and meeting place are announced so that individuals can walk as a group.

Spring 'Walks on Wednesdays'		Fall 'Walks on Wednesdays'	
Wed. March 5	Halifax	Wed Sept 3	Cole Harbour
Wed. March 12	Cole Harbour	Wed Sept 10	Eastern Passage
Wed. March 19	Eastern Passage	Wed Sept 17	Halifax
Wed. March 26	Halifax	Wed Sept 24	Cole Harbour
Wed. April 2	Cole Harbour	Wed Oct. 1	Eastern Passage
Wed. April 9	Eastern Passage	Wed Oct. 8	Halifax
Wed. April 16	Halifax	Wed Oct. 15	Cole Harbour
Wed. April 23	Cole Harbour	Wed Oct. 22	Eastern Passage
Wed. April 30	Eastern Passage	Wed Oct. 29	Halifax
Wed. May 7	Halifax	Wed Nov. 5	Cole Harbour
Wed. May 14	Cole Harbour	Wed Nov 12	Eastern Passage
Wed. May 21	Eastern Passage	Wed Nov 19	Halifax
Wed. May 28	Halifax	Wed Nov 26	Cole Harbour

Summertime "Walks on Wednesdays": Through the summer, self-directed Wednesday Walks are also organized. These will tend to be less arduous walks, given the likely summer heat – and as such are not IVV sanctioned (no stamps). They are in parks with shade and breezes. Weekly reminders and our [Facebook Page](#) will give the times (usually 7.00 pm) and start locations.

(Weds) June	(Weds) July	(Weds) August
4 – Sackville lakes	9 – Shubie	6 – Point Pleasant
11 – Shubie	16 – Point Pleasant	13 – Sackville Lakes
18 - Point Pleasant	23 – Sackville Lakes	20 - Shubie
25 – Sackville Lakes	30 – Shubie	27 – Point Pleasant

Start Locations: are as follows:

- **Shubie:** 145 Shubie Drive, Dartmouth Crossing (past Cineplex parking lot)
- **Point Pleasant:** Lower Parking lot by Container Port fence.
- **Sackville Lakes:** Trailhead parking Lot 440 First Lake Drive, Lower Sackville